

Ruggero Strobbe

Physiotherapist - Free Lance and University Senior Lecturer

Education is the most powerful weapon which you can use to change the world



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Parma, Italy-Switzerland 📍

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WORK EXPERIENCE

Senior Physiotherapist - Owner Terapia Manuale Funzionale 📄

05/1996 - Present Parma - Milano, Italy

Achievements/Tasks

- Owner and Manager of 2 most advanced and Rehab Referral Centers offering state of the art and complete therapeutic solutions for Jaws, Shoulder, Knee, Hip and Spine Post Surgical Rehab - Chronic Pain, TMJ and Headaches -Sports' Conditioning/Peak Performance

Senior Lecturer and Internship Tutor, School of Physiotherapy- Manual Therapy and Osteopatic Masters

University of Parma, Padova, Ferrara,
Brescia, Pisa

10/1994 - Present Italy

Achievements/Tasks

- Teaching Principles of Manual Therapy-Sports Functional Rehab-Vertebral Manipulations-TMJ Rehab and Tutoring last year PT students in Orthopaedic Manual Therapy

Continuing Education Lecturer and Manager

Several European Universities-Continuing
Education Providers

06/1998 - Present Italy, Switzerland, Austria,
Slovenia, Poland

Fisiodynacom srl (Owner and Principal)

Achievements/Tasks

- Implementing Evidence Based and 30 years of practical experience into a unique teaching approach: Vertebral Manipulations, Neurodynamics and Chronic Pain (NOI), Functional Manual Therapy and Exercise, TMJ and Headaches. Author of relevant chapters in rehab books

Physiotherapist Rehab Hospitals

09/1992 - 04/1996 Parma, Italy

University Institute of Neurology-Don Gnocchi Foundation Rehab Hospital

Achievements/Tasks

- Physiotherapist

Physical Education and Sports Teacher High School, Ministry of Education, Teams

09/1981 - 08/2010 Parma, Italy

Achievements/Tasks

- Athletic conditioning and peak performance for top athletes, amateurs and high school students

SKILLS

Manual skills/Communication	● ● ● ● ●
Patient Empowerment	● ● ● ● ●
Continuous Learner	● ● ● ● ●
Teamworking/Organization	● ● ● ● ●
Innovation	● ● ● ● ●

EDUCATION

Master of Science in Rehab Sciences

University of Firenze

01/2014 - 04/2016 Firenze

Thesis

- Rehabilitation after Orthognatic Surgery-with honours

Osteopathic Diploma

Osteopathic Research Institute

01/1993 - 07/1997 Lyon (France)

Bachelor in Physiotherapy

University of Parma

10/1989 - 07/1992 Parma

Thesis

- Physiotherapy in TMJ Disorders and Orofacial Pain - with honours

Bachelor in Physical Education

Higher Institute for Physical Education,
University of Bologna

10/1982 - 07/1987 Bologna

Thesis

- Muscular Hypertrophy vs Hyperplasia - with honours

LANGUAGES

Italian	● ● ● ● ●
English	● ● ● ● ○
French	● ● ● ○ ○
German	● ● ○ ○ ○